



The Mayo College MAIL



• Saturday, March 14, 2009 • Issue No. 7 •

DAILY 2 PIECES: 3 UP-TO-DATE 4
THE OSCARS ILLUSION

WINDOWS OF YOUR MIND

The mind is like a large room with many windows. If we keep the windows closed, the room can become musty and have an unused smell. When we open the windows we let in fresh air and light. Reading is one of the main windows of our mind. When we open it we let in new ideas and dreams, and open up our life to a whole array of new things. Reading fires the imagination, kindles the thirst for knowledge, keeps the mind quiet, develops perspectives and broadens horizons. Children who can enjoy a good book do not want to be constantly entertained and kept occupied; they are usually self contained and creative people. The benefits of reading are many, outlined are a few.

Constant mental exercise: The grey cells of our brain require constant workouts. And when we do not use it for a time it tends to atrophy. Reading makes use of certain parts of the brain, not just in recognizing words but also more importantly in understanding ideas and concepts contained in the book. When an author tells a story in a certain fashion, we have to understand and visualize the story and then we undergo the thrills of a murder mystery or the laughter of a humorous book.

Ideas and concepts are hazy pictures on what we can do. Unless the mind has been trained in working with ideas, it becomes difficult to convert them into action.

The brain: Research on the functions of the two hemispheres of the brain showed that, the left side governed the language and verbal skills, linear and literal thinking. Whereas the right hemisphere specialised in metaphors, working with images and non-linear thinking. A poet uses the right brain for feelings and emotions but uses the left side to express verbally.

Conversely, reading draws upon the left-brain for its verbal skills but uses the right hemisphere of the brain to understand metaphors and ideas. Reading draws on both hemispheres in conjunction and develops greater brain development and activity. For example, the right hemisphere would understand the phrase, "He puts my back up," but the left may take it literally. The more we get them to work together

the more efficient we make our brain.

Language skills: Language is a vehicle by which we express ourselves and communicate with one another. The better we are in a language there are more ways to express ourselves. Without this all-important vehicle can we ever get anywhere? Big words are considered "hard" words or "difficult" words by students not used to reading. For example the line "phantasmagoria of a fevered dream" appears in a book by A. J. Cronin. For the student not used to reading this may make no sense at all. To the regular reader it would mean "nightmare". With a solid foundation and mastery in a language or in several languages (like in India) you will be better prepared for higher studies, for understanding business concepts or even coming to terms with complicated concepts in physics or higher maths.

Reading vs the visual media: It has been found that there is direct correlation between the numbers of hours of TV watching and fall in grades. The visual media though easier to assimilate from, does not tax the grey cells and therefore to understand ideas become difficult. For example, if a question is turned around, reworded in such a way it reads differently, then students who have not grasped the original idea cannot deal with this new situation.

The more TV you watch the less you work out those grey cells, it is like relaxing in front of the TV and hoping to build great muscles. Like the muscles in our body, the mind also needs regular exercise and food. Reading is a great way to achieve both, you get ideas and there is a regular work out. That sounds good, doesn't it?

Quiet Time: In the hustle and bustle of the modern world, we need time off, to sit by ourselves and not be bothered by the heat and dust. When you have come back from college or school, after a hard day of study and play, you need to sit by yourself; reading helps recharge the batteries, so to say. What better way than to sit with a good book?

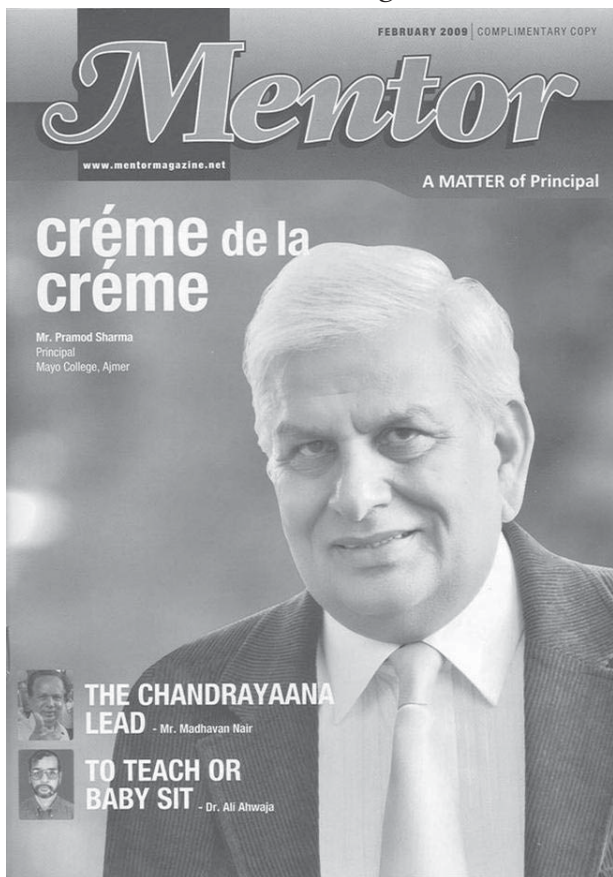
Open the windows of your mind and let the sunshine of new experiences come in, read a book.

1. The Mayo College Mail, Saturday, March 14

**DAILY**

PRINCIPAL ON THE COVER PAGE OF *MENTOR* MAGAZINE

A new magazine called 'MENTOR' has published its issue with Mr. Pramod Sharma's photo on the cover page and a six page article of Mayo College. The magazine is available in the Library. To see more visit www.mentormagazine.net.



THIS WEEK'S CALENDER

March 15 - Everything Is Wrong Day
 March 16 - Everything Is Right Day
 March 17 - Submarine Day
 March 18 - Supreme Sacrifice Day
 March 19 - Poultry Day
 March 20 - Proposal Day
 March 21 - Fragrance Day

THE INDIAN MYSTERY

PARTH PARASHAR

*India has a big history
 But some things are still a mystery*

*Aryans, Dravidians are a part of history
 But their origin is still a mystery*

*British made India a tragedy
 And Mughals made Indian a treasury*

*Chauhans were the kings of the country
 And many cities of India became legendary*

*Ram, Buddha and Gandhi were the jewels of the
 country
 And fought against the Britishers to make us free*

*As I am a part of this legendary country
 I am proud to be free to say that India is my country*

APOLOGETIC

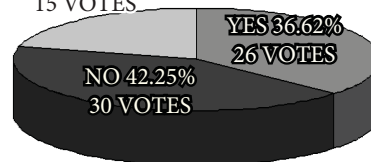


In the poem 'THE INCREDIBLE INDIA' of the 5th issue of the Mail, the illustration of the Map of India we printed was incorrect. We apologise for the mistake and here is the correct map of India.

OPINION POLL

Has EXTRAMARKS been helpful for you?

CAN'T SAY 21.13%
 15 VOTES



Next week's poll- Should there be practical computer exams for classes 7 to 10? (Submit your opinion on MAYOONLINE)

2. The Mayo College Mail, Saturday, March 14



THE POTATO GARDEN

An old man lived alone in Minnesota. He wanted to spade his potato garden, but it was a very hard work. His only son, who would have helped him, was in prison. The old man wrote a letter to his son and mentioned his situation.

"Dear Son, I am feeling pretty bad because it looks like I won't be able to plant my potato garden this year. I hate to miss doing the garden, because your mother always loved planting time. I'm just getting too old to be digging up a garden plot. If you were here, all my troubles would be over. I know you would dig the plot for me, if you weren't in prison. Love, dad.

Shortly, the old man received this telegram: 'For Heaven's sake, Dad, don't dig up the garden!! That's where I buried the GUNS!' At 4 a.m. the next morning, a dozen FBI agents and local police officers showed up and dug up the entire garden without finding any guns. Confused, the old man wrote another note to his son telling him what happened, and asked him what to do next. His son's reply was: 'Go ahead and plant your potatoes, dad. It's the best I could do for you from here.'

- Moral Of the Story -

No matter where you are in the world, if you have decided to do something deep from your heart, you can do it. It is the thought that matters, not where you are or where the person is.

QUOTABLE QUOTES

*"Apologies do not mean
that you are wrong and the other one is
right,
It only means that you value the relation-
ship
much more than your EGO"*

A WORD OF A MUM

DHRUV ANAND

A word of a mum which is trusted,
And obeyed by all.
A word of concern,
To one and all.
A word which brings happiness
And cheers to anyone.
A word of truth,
And disguise to none.
A word of satisfaction,
And glory to everyone.
A word of advice,
And love for tons.
It's the word of our God,
It's the word of our Mum.

AS THE DAY GOES

Choices and wrong turns are made,
As the day goes and sun fades.
People are loved and hearts are broken,
As the day goes and words are spoken.
Smiles and frowns are shown on the faces,
As the day goes and children play in open spaces.
Happiness and sadness are faced by all,
As the day goes and night falls.
Tears of joy and tears of pain are shed,
As the day goes and all are in bed.

KILLING ENGLISH

"Don't you have respect for the doors?"

"Form a straight circle"

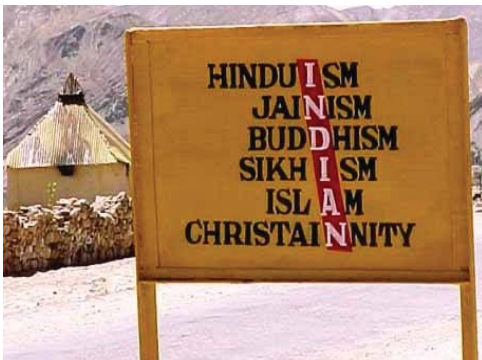
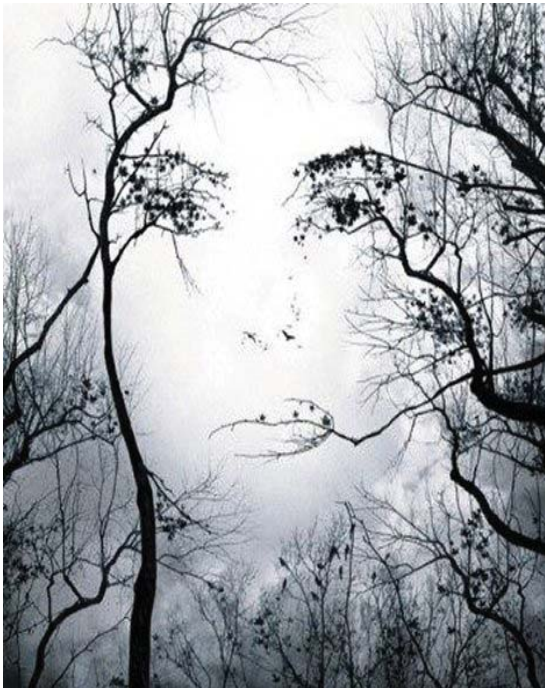
"Close your teeth"

"No going to toilet or drinking it!!!"

"Draw a circle of any shape"

Did you also hear any such dialogues in the campus? If yes, then you can send them to the CDail at editor@mayocollege.com.

ILLUSION



Ripley's **Believe It or Not!**

While clearing a site for the 2012 Olympic Games, construction workers in London discovered a 2,200 pound, World War II era bomb—the largest uncovered in more than 30 years!

African termites build their homes nearly 30 feet tall!

King Louis XVII of France never gave a single command and spent his entire reign (1793-1795) as a prisoner!

A housefly can become a great-grandparent in less than 60 days!

You cannot half-fold any piece of paper more than 7 times!

The U.S. 5 cent coin costs nearly 8 cents to make!

Hedviga Golik of Croatia died in bed in the early 1970s and remained there until someone discovered her body in May 2008!

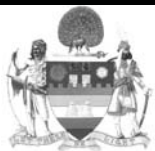
Colossal squids have eyes larger than basketballs!

No one voted including the candidates themselves in the 2008 primary elections in Pillsbury, U.S.A.!

Humour

Three world famous magicians were in the bar drinking and boasting about their achievements. The first one said, "During my latest show, I made three women from the audience disappear, it was so convincing that their relatives started panicking, no one could find the trick" The second one said, "Hey, that is nothing, during one of my open air shows I made the Municipality building disappear and the entire town was searching for it" The third one sighed and said, "Both of you are so local, I went to Paris and made the Eiffel Tower disappear for a full one hour, it was live on the TV, entire France was searching for the building & no one had a clue".

Just then an Indian walked into the bar and the three magicians suddenly turned quiet, gave each other fugitive glances and started to slip towards the door. A Bartender watching this got curious and asked one of the magicians, "Hey what happened ? Who is that guy ?" One of the magicians whispered, "He is the World's greatest magician, he has done the biggest disappearing trick of all times, we are all mere amateurs compared with what he has done. His name is Ramalinga Raju. He has made USD 1.5 billion disappear from his company's balance sheet in front of everyone's eyes, and the entire world is STILL looking for it".



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